

## **For Immediate Release**

Beth-El Center  
Contact: Jocelyn Murray  
Tel. (203) 377.9980  
Email: [jocelynm@marketing-er.com](mailto:jocelynm@marketing-er.com)

### **Annual Milford Trick or Trot 5K Run/Walk Raises Funds for Beth-El Center**

*(Milford, CT, November 4, 2013)*- The 2nd Annual Milford Trick or Trot 5K Run/Walk was held on Saturday, October 26, 2013 as a fundraiser for the Beth-El Center. All of the event's net proceeds will benefit the homeless and hungry at the Beth-El shelter and soup kitchen.

Over 200 runners and walkers took part in the race. Participants enjoyed a post-race breakfast provided by Indigo by the Water, Scratch Bakery and Borgia's B2B New York City Bagels while music was performed by rock and blues band The Elwoods.

Event chairpersons include George Adams and Dana Friedman, partners of Harlow, Adams & Friedman, Danielle Bercury, Joe Kubic, from Harlow, Adams & Friedman, Joanne Lucia and Michelle Parry from Sikorsky Credit Union. Maria Tomasetti coordinated the many churches that participated and have provided the foundation for the original Walk for the Homeless for so many years.

The event was made possible by the contributions of the generous sponsors: Harlow, Adams & Friedman LLC, Sikorsky Credit Union, Metro Star Properties, Duchess Restaurants, Arista Industries, Citizens Bank, Arnold Peck's Property World, Fair Auto Group, Greg Field & Angelo Lisi, Indigo by the Water, State Farm Insurance/Gargano Agency, Stephanie Ellison Homes, DeMattia Companies, Inc., Sensitive Care KIDS Pediatric Dentistry, Milford Photo, James P. Nemergut, Mary Taylor Methodist Church, Mark Pucci Luxury Homes, LLC, Porto Real Estate, Scratch Baking, Borgia's B2B New York Style Bagels, The Elwoods Band, Spadaccino Realty, The Cone Zone, James Dorney UBS Financial Services, Ganga Flow Yoga, Barrett Outdoor Communications, Inc., Barbara & John Streicker, Sandy and George W. Adams, III, Standish Construction, LLC, Atlantic Residential Mortgage, Theresa and Roland Skinner, Discenza, Beck & Co. CPAs.

## **About Beth-El Center**

The Beth-El Center is a recognized leader in caring for and meeting the needs of the hungry and homeless and strives to prevent and end homelessness. It serves individuals and families by providing temporary shelter and feeds up to sixty persons daily in the soup kitchen. Our clients include veterans, elderly and people working through unemployment, illness, catastrophic events, addictions and emotional problems. The Beth-El Center is located at 90 New Haven Avenue in Milford. Visit [www.bethelmilford.org](http://www.bethelmilford.org) for more information.

*(2013 Trick or Trot Run/Walk photos attached. Photo credit: J. Scopp)*

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